



Need More than Food?

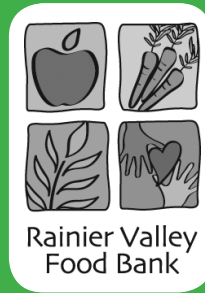
Henry Crawford is RVFB's full-time Social Worker, here to help you and your family with:

- Transitional housing
- Emergency shelter
- Job Training
- Rental Assistance
- Utility bills
- Clothing
- Permanent Housing
- Health care
- SNAP benefits (food stamps)
- And much, MUCH more!



To schedule an appointment with Henry: ask a volunteer or staff member to direct you to his office, call (206) 723-4105, or email henry@rvfb.org.

Office Hours: Tuesday - Saturday, 9:00 AM - 3:00 PM



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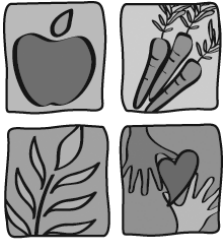
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Rainier Valley Food Bank

As a Social Worker, Henry has over 30 years of experience working with individuals and communities. He is knowledgeable of programs throughout Seattle and King County, and will help you access any resources you need

Food Distribution Days

Wednesdays and Saturdays 9:30-2pm

Home Delivery

Call 206-723-4105 or email james@rvfb.org to see if you qualify

To-Go Bags

Tuesday-Saturday 9:30am-3pm

4205 Rainier Ave S
Seattle, Wa 98118

206-723-4105
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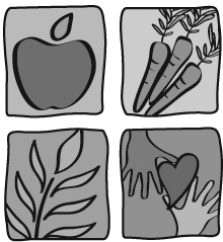
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