Sowing the Seeds of Change
We view food as our tool for empowerment, restoration, and liberation. It’s the key to unlocking potential, mending what’s broken, and setting communities on the path to self-reliance. We believe in the profound ability of nourishment to not only rid hunger but to instill dignity, self-worth, and a sense of agency in the lives it touches. As we distribute food, we also distribute hope, because we know that by freeing individuals and communities from the lived experience of hunger, we are igniting a ripple effect of positive change that reverberates far beyond the dinner table. This is our mission, and it’s a beacon of light guiding us toward a future where food is not just a means of survival but a tool for transformation, healing, and lasting empowerment.

“We are growing traditional African foods that will nourish our community and give them a sense of belonging, of being seen, of being heard.”
— Ken Chikonzo, Farmer
Black Farmers Collective
BUILDING A BIGGER TABLE
At Food Lifeline, we believe food is a human right—food, equity, and justice for all. Every person, especially those with lived experience of hunger, is welcome at our table. Our community is not just a recipient of our services; it is our priority and our driving force. We believe that by empowering, supporting, and nurturing our community, we can collectively combat food insecurity and build a more resilient, equitable society. Our work is guided by the principle that a strong, connected community is the most potent tool against hunger. Together, we are not merely providing food; we are cultivating a sense of belonging, hope, and shared purpose. We understand that in the tapestry of our community, each thread is essential, and it’s our privilege to be interwoven in this vibrant journey towards a better, more nourished future.

FOOD INSECURITY IS ON THE RISE
Food insecurity within Western Washington and the broader United States remains an enduring challenge, casting a long shadow of uncertainty and hardship on countless individuals and families. A significant portion of our neighbors continue to grapple with the harsh reality of hunger and limited access to fresh, healthy, culturally relevant food. The impact of food insecurity is only enhanced when combined with the lasting impacts of inflation, high housing costs, climate change, and rampant societal inequities. As a result, millions of Americans and so many of our fellow Western Washingtonians are caught in a precarious balancing act, forced to make difficult choices between paying for essential living expenses and putting food on the table. The COVID-19 pandemic and its aftermath have laid bare the vulnerabilities of the food system and heightened the urgency of addressing food insecurity. Food Lifeline is committed to our mission to end hunger by strengthening and expanding our partner network, empowering and uplifting communities, and making it a priority to address the root causes of hunger & food insecurity.
TELL CONGRESS TO ACT TO EXPAND CHILD TAX CREDIT
Temporary provisions that expanded the Child Tax Credit and made the full credit available to families with the lowest incomes helped drive child poverty to a record low of 5.2% in 2021. The 2021 expanded Child Tax Credit (CTC) showed a clear path to dramatically cutting hunger and poverty — the central root cause of hunger — among households with children. However, the expanded CTC expired in 2022 which resulted in the child poverty rate skyrocketing to 12.4% — higher than pre-pandemic levels.

In Washington State, Representative My-Linh Thai worked to fund the Working Families Tax Credit to strengthen local families.

“The goal of the tax credit is to put money back into the pockets of working families in an effort to re-arrange and change a regressive tax system here in Washington state.”

— My-Linh Thai, Representative WA State 41st Legislative District

KIDS LEARN & THRIVE WHEN FED AT SCHOOL!
We’re proud to stand alongside advocates, educators, and community leaders behind the idea that no child should go to school hungry or suffer the stigma of food insecurity. Free school meals not only address immediate food needs but also contribute to the long-term success of children, ensuring that all students, regardless of background or circumstances, have the nourishment they need to thrive academically and personally. Signed into law in 2023, in Washington school districts where at least 30% of students are eligible for free or reduced-price meals can now offer free school breakfast and lunch to every student from kindergarten through fourth grade. Districts with 40% free or reduced-price meal eligibility will be phased into the program over the next two years.
1 Out of 8 households experience food insecurity.

In contrast, 7% of white families are facing hunger.

Over 20% of Black, 15% of Latino, and 15% of American Indian households experience low or very low food security.

1 in 5 children in America worry about their next meal.

7.1% of all seniors experience food insecurity.

19 Million Americans live in Food Deserts.

Food Insecurity Rate in WA State: 10%

“The food bank provides us with healthy fruits and vegetables, and that helps me teach my children healthy eating habits. Something that will stay with them as they grow up.”

— Sarah and Kids

THE CURRENT STATE OF HUNGER

THE FUTURE WE ENVISION

Food Lifeline is on an unaltering path toward a brighter future, driven by our bold vision to end hunger and fuel meaningful change by addressing root causes. We see food not only as sustenance but as a catalyst for empowerment and liberation, powering a movement that amplifies the voices and experiences of individuals and communities. By centering the lived experiences of those facing hunger, we’re shifting the narrative and challenges the status quo. A narrative revealing that hunger shows up in every town, in every county, and in every community. Together, we can break the cycle of food insecurity and craft a more equitable and hopeful future, where the transformative power of food serves as the cornerstone of our journey toward lasting change and a hunger-free world.

72,838,554 lbs. of food distributed

IT WILL TAKE ALL OF US TOGETHER TO END HUNGER.

JOIN OUR MOVEMENT HERE:

foodlifeline.org/volunteer

foodlifeline.org/advocate

foodlifeline.org/donate
FY2023 BOARD OF DIRECTORS

Josh Hedrick, Chair - Vice President, Account Executive, Parker, Smith & Feek
Benjamin Hill, Chair-Elect - Division Chair: Integrated Marketing & Demand Generation, Mayo Clinic
Lincon Kemp, Treasurer - Sr. Mgr. of Reimbursements, Providence St. Joseph’s Health
Anita Whitfield - Chief Equity & Inclusion Officer, King County Executive’s Office
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Cara Peterman - Director, Corporate Treasurer, Puget Sound Energy
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Lindsey Schwartz - President & CEO, Schwartz Brothers Restaurants
Madeline Haydon - Founder & CEO, nutpods
Mike Simmons - Director, Talent Management, Seattle Public Schools
Roy Breiman - Vice President of Food and Beverage, Columbia Hospitality

FY2023 EXECUTIVE TEAM

Linda Nageotte – President & CEO
Megan Bergman – Chief Administrative Officer
Samantha Franklin – Chief Financial Officer
Hisham Hamdy – Chief Operating Officer
Tiffani Kaech-Freet – Chief Programs Officer
Ryan Scott – Chief Development Officer

THANK YOU, LINDA!

After 25 years of dedicated service, our CEO, Linda Nageotte, is embarking on a new journey. Her legacy is a testament to her unwavering commitment, heart, and passion for our mission of ending hunger in Western Washington. Linda has been more than just a CEO; she’s been a visionary, a trailblazer, and a true champion toward ending hunger. Her leadership has been characterized by a profound dedication to the community and a tireless commitment to making the world a better place. We wish her well in her new role as President and COO of Feeding America. If you’d like to recognize Linda’s long effort to end hunger, please donate at https://foodlifeline.org/honorlinda/
## FY2023 FINANCIAL SUMMARY

### REVENUES (BEFORE DONATED FOOD)

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals</td>
<td>$7,707,391</td>
</tr>
<tr>
<td>Foundations &amp; Corporations</td>
<td>$5,677,454</td>
</tr>
<tr>
<td>Government Grants/Government Funding</td>
<td>$11,206,059</td>
</tr>
<tr>
<td>In-kind, events, program, rental, misc.</td>
<td>$3,947,961</td>
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</tbody>
</table>

**Total Revenue:** $28,538,865

### EXPENSES:

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$12,191,083</td>
</tr>
<tr>
<td>Management &amp; General</td>
<td>$3,156,719</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$2,906,371</td>
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</tbody>
</table>

**Total Expenses: (BEFORE FOOD DISTRIBUTION)** $18,254,173

### FOOD

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Value Of In-Kind Food Contributions</td>
<td>$130,762,785</td>
</tr>
<tr>
<td>Value Of In-Kind Food Distributions Expenses</td>
<td>($140,403,685)</td>
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<tr>
<td>Net Food Expense</td>
<td>($9,640,900)</td>
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### BALANCE SHEET

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<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Assets</td>
<td>$62,679,005</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$15,025,453</td>
</tr>
<tr>
<td>Total Net Assets</td>
<td>$47,653,552</td>
</tr>
</tbody>
</table>

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**OUR MISSION**

To feed people experiencing hunger today and work to end hunger for tomorrow.