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ROOT OUT HUNGER

HELP NEIGHBORS GROW & THRIVE

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Without access to daily meals through their schools, millions of children are forced to go hungry during the summer.

22 million

children in the United States experience summer hunger each year.



Expired emergency SNAP benefits reduced nutrition assistance by \$93million a month in Washington state



Studies show that food insecure children had a harder time at school compared to those who had consistent meals.



Research shows that family grocery costs rise more than \$300 a month when school is out and school meals disappear, putting a strain on already-tight budgets.



More than 80% of SNAP beneficiaries are working families, people with disabilities or elderly people; About two-thirds of SNAP households include children.



Older adults who qualify for the minimum SNAP benefit have seen their SNAP amount fall from \$281 per month to just \$23, a cut of more than **90%**.

More than 41 million

people purchased food with SNAP benefits last year, up from about 36 million in 2019.



End of pandemic-era SNAP benefits resulting in an average loss of \$82 in food stamp benefits per person, per month. For a single parent home with two children, they lost \$246 a month in nutrition assistance.

FOR MORE INFORMATION VISIT: foodlifeline.org/corporate-partners

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**FOOD
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HUNGER DOESN'T HAVE TO HAPPEN



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Getting the right food to the right places is more important than ever.

Hunger and food insecurity have become even more present for families and communities. The need for food is as high, if not higher, than it has ever been. Rising prices, low inventory, and the expiration of federal aid is straining the hunger relief system's ability to provide adequate nutrition assistance to our neighbors in need.

This summer we are gearing up to root out hunger experienced by hundreds of thousands of students and families while finding new ways to support community members in the aftermath of pandemic-era relief ending. Food is our lifeline, and we're working diligently to provide access to fresh and nutritious food to individuals, families, and communities all across Western Washington. Join us in our movement to end hunger!



Cheryl

Cheryl often visits the West Seattle Food Bank when food supplies run low at home. She uses the food bank to supplement the support she receives from SNAP benefits. Cheryl has had several health issues that have limited her ability to work in addition to managing ongoing mental health challenges. Though times are tough, Cheryl is a fighter, and her boisterous laugh fills an entire room with joy. She is a great self-advocate and remains positive and cheerful.

*"There are things that the SNAP benefits don't cover, so when I run low on milk, or bread, or even potatoes, I know that I can find those things here." **She continued,** "I'm just trying to live life, and it's hard sometimes. But, I have my faith, I have my family, and I have the people here at the food bank that care about me and everyone else who comes here."*

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