

THE TIME IN BETWEEN. At Food Lifeline, Fiscal Year 2022 was a bridge between the height of the pandemic, and what comes next. A time of deep uncertainty, waning pandemic supports, and a hunger relief network straining to meet the continuing community needs for food assistance.

There is opportunity in uncertainty, and that opportunity materialized in the form of our new strategic plan goals, conceived from the lessons learned as we navigated the pandemic. We remain undeterred, adaptable, and resilient in our pursuit to ending hunger, its root causes, and the approaches we take to remedy food insecurity.

FIVE PILLARS SERVE AS THE FOUNDATION FOR OUR WORK:



**REDUCE BARRIERS & INCREASE
ACCESS TO NUTRITIOUS FOOD**



**EXPAND CAPACITY OF THE
HUNGER RELIEF SYSTEM**



**ELEVATE VOICES OF THE
PEOPLE FACING HUNGER**



**TARGET THE ROOT CAUSES
OF FOOD INSECURITY**



**ADVANCE A BROAD MOVEMENT
TO END HUNGER**



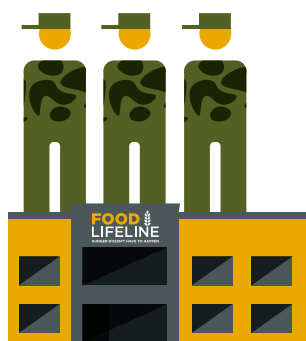
*"Food's really expensive,
it helps us a lot to come
here, and be able to put
that money toward power,
utilities, everything else."*

**— Melissa, mother of three,
food pantry client**

FOOD JUSTICE & SOCIAL JUSTICE ALIGN: COMMUNITY FOOD SOVEREIGNTY FUND

People and Communities facing hunger are best positioned to identify its solutions. Launched in FY2022, The Community Food Sovereignty Fund is a grantmaking initiative centering communities most impacted by hunger and food insecurity. We invested \$331,000 to 10 grantees who designed solutions meeting the unique needs of their neighborhoods – from building hoop houses, to installing edible landscaping in migrant housing communities, expanding capacity for a large regional food bank, to urban home delivery programs, and procurement of culturally relevant foods for distribution on tribal land.

MILITARY FAMILY ACTION NETWORK



Measurable reductions in levels of food insecurity are achieved through effective community-led, anti-poverty and anti-hunger programs, advocacy, and collaborations. Washington state is home to six active-duty military bases representing 160,000 service members, as many as 1 in 5 military

households face food insecurity. The Washington State Military Family Hunger Coalition in partnership with the Military Family Advisory Network and Nourish Pierce County, Food Lifeline participated in three MFAN distributions for active duty, National Guard, Reserve, and veteran families. A total of 1,600 families were served and 25,000 lbs. of food was provided. In support of long-term solutions,



"We successfully lobbied for passing a federal Military Family Basic Needs Allowance included in the National Defense Authorization Act. Your voice matters. We invite you to get involved today."

— Amanda Reeves, Food Lifeline Community Engagement Manager

REDUCING BARRIERS TO ACCESSING FOOD - MOBILE FOOD PROGRAM

Our Mobile Food Program (MFP) provides immediate relief for children, families, adults, and seniors by bringing food directly to their communities. Many of the people we serve are employed, but unable to make ends meet, often earning just enough to disqualify them from federal assistance programs like SNAP, WIC, or utility assistance. In FY2022 we supported 347 MFP distributions across 15 community sites, ranging from health centers to affordable housing sites.



THOUGHTFULLY EXPANDING CAPACITY

By assessing the capacity and needs of our existing network, we're identifying an equitable and feasible path to service expansion. FY2022 was year one of a three-year expansion plan. The strategy prioritizes developing new partnerships with agencies who are led by, or support, Black, Indigenous and People of Color (BIPOC) and Immigrant/Refugee communities.

As additional resources allow, we'll grow support services to current partner agencies focused on disproportionately impacted communities. Food banking alone cannot end hunger. To progress, we must intentionally redistribute power, share our platform, and allocate resources to historically underserved communities with the greatest rates of food insecurity.

ELEVATING THE VOICES OF PEOPLE FACING HUNGER

Food, like water and shelter, is a basic human right. Our practices are rooted in client dignity and empowerment. There is no justice without Food Justice. In unity with our partner network, we are helping propel people out of food insecurity and into a life of stability and opportunity.



Melody, Burien: A few years ago, Melody had a massive stroke that left her legally blind and facing significant physical challenges. Despite these challenges, twice a week she takes a two-hour, three-bus journey to visit Edible Hope at St. Luke's Episcopal Church in Ballard. The food and fellowship she receives makes the journey more than worth it. *"Because I can't see, there are very few things I can make myself. When I come here, I'm served a good, warm meal. I meet up with my friend Carol twice a week, and we argue politics and enjoy our meal. It's truly a blessing."*



Rebecca, Bonney Lake: Rebecca hadn't been to a food bank in almost 20 years. After her job site closed, her family lost half their income. Visiting the food bank helped stretch what she could purchase at the grocery store. Rebecca credits the Bonney Lake Food Bank for helping in their time of need. *"My husband is a diabetic, so anything that I can get from the food bank ranging from salads to green beans to any fresh vegetables really, is great for him. We really love the availability of fresh produce that's here—it makes a world of a difference."*



Dorothy, Seattle: For several years, Dorothy has experienced mental health issues combined with intermittent loss of reliable housing. Her routine of going to the Elizabeth Gregory Home several times a week for food, shelter, and social services has provided her with nourishment, structure, and help in dealing with her mental health. *"When I first got to Seattle, I had a mental breakdown, and I didn't have any food. I was out of touch and wasn't using all of my mental faculties. So, when I did finally eat, it changed everything for me. I remember eating out the trash. This guy had some bread, under the freeway, and we shared that. To go from moments like that to now having home-cooked meals prepared here feels so much better. They are geniuses in that kitchen with the food they are given. Having access to a place like this makes me hopeful for myself."*



Jordan, Federal Way: Jordan spends his time balancing a fulltime job and sharing custody of his three-year old daughter. Though a toddler, both Jordan and her mom are instilling healthy eating behaviors in her while she's young. *"My family has a history of not always eating the healthiest. We decided to be proactive a few years back and make the transition to eating more healthier foods and implementing a healthier diet. I love that the Federal Way Food Bank serves healthy items! We know people suffer health problems because of their diets, so food quality and food choice are super important to me and my family to ensure that we continue to lead healthy lives."*

WE'RE JUST GETTING STARTED



Doing our job well means people experiencing hunger and food insecurity have adequate access to high quality, nutritious, culturally relevant food in ways that affirm their humanity, dignity, cultures, and traditions.

Speak up. Stand Up. Join the Movement.

It's time to fix our broken food systems. Food justice teaches us that that food access, or food security, is not accidental, nor is hunger random. We can temporarily alleviate the daily struggle with hunger, but without real change - designed to uproot poverty - hunger will continue. We stand with and alongside organizations aligned with our social justice values. We believe in affordable housing, living wages, accessible healthcare, righting past wrongs, and so much more. Hunger is more than just a lack of food—It's a lack of justice.

Our Priorities

The policies we support are directly aligned with our mission. In our nation, hunger, poverty, and racism intersect, and the success of our mission is dependent on our ability to operate as an anti-racist organization that advances racial equity and social justice. Tax policy, nutrition assistance, food systems, healthcare, poverty, and equity & social justice are all areas where we believe significant changes can be made to improve the lives of Washingtonians.



Advocate for Change

It will take all of the creativity, knowledge, passion, and will-power from our collective community to transform lives and end hunger. If you would like current information on our specific advocacy efforts or would like to subscribe to our advocacy newsletter, scan this QR code! We look forward to having you join us our movement!



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**HUNGER
DOESN'T
HAVE TO
HAPPEN**
www.FoodLifeline.org

Food Lifeline is a 501(c)3 charitable nonprofit organization registered with the Washington State Charities Program as required by law. Information may be obtained by calling 800-332-4483 or 360-725-0378.



FY2022 FINANCIAL SUMMARY

REVENUES (BEFORE DONATED FOOD)

Individuals	\$8,406,457
Foundations & Corporations	\$7,892,259
Government Grants/Government Funding	\$8,206,730
In-kind, events, program, rental, misc.	\$776,132

TOTAL REVENUE: \$25,281,578

EXPENSES:

Program Services	\$9,880,385
Management & General	\$2,538,496
Fundraising	\$2,650,178

TOTAL EXPENSES: (BEFORE FOOD DISTRIBUTION) \$15,069,059

FOOD

Value Of In-Kind Food Contributions	\$102,799,623
Value Of In-Kind Food Distributions Expenses	(\$119,150,933)
Net Food Expense	(\$16,351,310)

BALANCE SHEET

Total Assets	\$67,407,265
Total Liabilities	\$22,423,178
Total Net Assets	\$44,984,087



We are so thankful to all of you – our volunteers, supporters, donors, community members, and partner network. Your generous contributions provide the resources and support to ensure that hunger ends, not just for today, but for good.



OUR MISSION

To feed people experiencing hunger today and work to end hunger for tomorrow.