



MOST NEEDED ITEMS

Canned tuna/salmon

Beef stew/chili

Peanut butter/nuts

Beans/legumes

Rice & Pasta

Macaroni & cheese

Sauces & Spices

Canned fruits & vegetables

Breakfast Cereal

Oatmeal

Baby food

Infant Formula

Diapers

Personal Care Items

**Every \$1 donation provides
5 nutritious meals**

Thanks to your support, we provide enough food to create 134,000 meals every day to feed our neighbors facing hunger across Western Washington.

Contact us:

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