**RVFB Volunteer Assessment**

Please complete the questionnaire below and let us know your feedback to continue to improve services for our volunteers. Do not sign form; all information will be kept confidential.

* Gender
  + Male
  + Female
  + Transgender
* Sex
  + Male
  + Female
* Age range
  + Less than 18 years
  + 18 – 25 years
  + 26 – 30 years
  + 31 – 40 years
  + 41 – 50 years
  + Over 60 years
* How did you find out the Food Bank?
  + Rainier Valley Food Bank's website
  + Craigslist
  + From a friend
  + Referral from another agency
    - If yes, which agency \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + I shop at the Food Bank
* Are you completing community service hours for school?
  + Yes
  + No
* Are you completing community service hours for court?
  + Yes
  + No
* Do you also regularly shop at the food bank?
  + Yes
  + No
* How long have you been with the Food Bank?
  + Less than a year
  + 1 to 5 years
  + 5 to 10 years
  + More than 10 years
* What are you looking in a volunteering experience? Check all that apply.
* Giving back to the community
* Being part of a team
* Pride in working for a good organization
* A long-term commitment to a mission
* The chance to try something new
* A way to learn new skills
* Opportunity to be a leader
* Networking
* Do you think volunteers are involved in decisions that will affect their volunteer work?
  + Yes
  + No
* Did you receive sufficient orientation about our agency when you began your work?
  + Yes
  + No
* Does your volunteer job match the description of work given to you when you were interviewed?
  + Yes
  + No
* My level of stress while working for the Food Bank is
  + Very Low
  + Low
  + Neutral
  + Somewhat High
  + Very high
* I feel too busy at the Food Bank.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I do not get enough breaks while working at the Food Bank
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* There are barriers that prevent me from getting work done, check all that apply:
  + Not enough time to complete tasks
  + No clear direction on how to do the work
  + Lack of necessary tools to do the job right
  + Too many things to do at once
  + Distractions from other volunteers
  + Work is too physically demanding
  + Language barriers with volunteers or clients
  + Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* I feel satisfied volunteering for the food bank.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* My skills are utilized by the food bank effectively.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* The following would help increase my level of satisfaction , check all that apply
  + Better-defined roles
  + More training
  + Larger variety of work to do
  + Better communication with staff
  + Better communication with other volunteers
  + More time to take breaks
* Rainier Valley Food Bank is meeting my expectation in terms of volunteer experience.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* If not, then what aspect is missing?
  + Giving back to the community
  + Being part of a team
  + Pride in working for a good organization
  + A long-term commitment to a mission
  + The chance to try something new
  + A way to learn new skills
  + Opportunity to be a leader
  + Networking
* I am making an impact on the community.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I am an important part of the volunteering team
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I am proud to be a part of the Food Bank.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I feel that I am connecting well with clients and that the clients recognize your work.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I feel connected with other volunteers.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I feel that my work is appreciated by the food bank staff.
  + Strongly Agree
  + Agree
  + Neutral
  + Disagree
  + Strongly Disagree
* I find these as the positive aspects of volunteering with the Food Bank.
  + Giving back to the community
  + Being part of a team
  + Pride in working for a good organization
  + A long-term commitment to a mission
  + The chance to try something new
  + A way to learn new skills
  + Opportunity to be a leader
  + Networking
* What keeps me volunteering for the food bank
  + - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What motivates me in a volunteer experience in general
  + - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What am I missing in your volunteering experience with the food bank
  + - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_