**RVFB Volunteer Assessment**

Please complete the questionnaire below and let us know your feedback to continue to improve services for our volunteers. Do not sign form; all information will be kept confidential.

* Gender
	+ Male
	+ Female
	+ Transgender
* Sex
	+ Male
	+ Female
* Age range
	+ Less than 18 years
	+ 18 – 25 years
	+ 26 – 30 years
	+ 31 – 40 years
	+ 41 – 50 years
	+ Over 60 years
* How did you find out the Food Bank?
	+ Rainier Valley Food Bank's website
	+ Craigslist
	+ From a friend
	+ Referral from another agency
		- If yes, which agency \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ I shop at the Food Bank
* Are you completing community service hours for school?
	+ Yes
	+ No
* Are you completing community service hours for court?
	+ Yes
	+ No
* Do you also regularly shop at the food bank?
	+ Yes
	+ No
* How long have you been with the Food Bank?
	+ Less than a year
	+ 1 to 5 years
	+ 5 to 10 years
	+ More than 10 years
* What are you looking in a volunteering experience? Check all that apply.
* Giving back to the community
* Being part of a team
* Pride in working for a good organization
* A long-term commitment to a mission
* The chance to try something new
* A way to learn new skills
* Opportunity to be a leader
* Networking
* Do you think volunteers are involved in decisions that will affect their volunteer work?
	+ Yes
	+ No
* Did you receive sufficient orientation about our agency when you began your work?
	+ Yes
	+ No
* Does your volunteer job match the description of work given to you when you were interviewed?
	+ Yes
	+ No
* My level of stress while working for the Food Bank is
	+ Very Low
	+ Low
	+ Neutral
	+ Somewhat High
	+ Very high
* I feel too busy at the Food Bank.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I do not get enough breaks while working at the Food Bank
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* There are barriers that prevent me from getting work done, check all that apply:
	+ Not enough time to complete tasks
	+ No clear direction on how to do the work
	+ Lack of necessary tools to do the job right
	+ Too many things to do at once
	+ Distractions from other volunteers
	+ Work is too physically demanding
	+ Language barriers with volunteers or clients
	+ Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* I feel satisfied volunteering for the food bank.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* My skills are utilized by the food bank effectively.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* The following would help increase my level of satisfaction , check all that apply
	+ Better-defined roles
	+ More training
	+ Larger variety of work to do
	+ Better communication with staff
	+ Better communication with other volunteers
	+ More time to take breaks
* Rainier Valley Food Bank is meeting my expectation in terms of volunteer experience.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* If not, then what aspect is missing?
	+ Giving back to the community
	+ Being part of a team
	+ Pride in working for a good organization
	+ A long-term commitment to a mission
	+ The chance to try something new
	+ A way to learn new skills
	+ Opportunity to be a leader
	+ Networking
* I am making an impact on the community.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I am an important part of the volunteering team
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I am proud to be a part of the Food Bank.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I feel that I am connecting well with clients and that the clients recognize your work.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I feel connected with other volunteers.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I feel that my work is appreciated by the food bank staff.
	+ Strongly Agree
	+ Agree
	+ Neutral
	+ Disagree
	+ Strongly Disagree
* I find these as the positive aspects of volunteering with the Food Bank.
	+ Giving back to the community
	+ Being part of a team
	+ Pride in working for a good organization
	+ A long-term commitment to a mission
	+ The chance to try something new
	+ A way to learn new skills
	+ Opportunity to be a leader
	+ Networking
* What keeps me volunteering for the food bank
	+ - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What motivates me in a volunteer experience in general
	+ - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What am I missing in your volunteering experience with the food bank
	+ - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_