



MOST NEEDED ITEMS

Canned tuna/salmon

Beef stew/chili

Peanut butter/nuts

Beans/legumes

Rice & Pasta

Macaroni & cheese

Sauces & Spices

Canned fruits & vegetables

Breakfast Cereal

Oatmeal

Baby food

Infant Formula

Diapers

Personal Care Items

**Every \$1 donation provides
4 nutritious meals**

Every year, nearly 40% of our country's food ends up in landfills, while millions go hungry. Thanks to your support, we are able to provide 97,000 meals to hungry neighbors across Western Washington every day .

Contact us:

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